

# **CHEAT SHEET**



## **Demographics**

o Required: Date of Birth, Sex, Ethnicity

### History

### Medical

- o Required: Diabetes Type, Year of Diabetes Diagnosis, Diabetes Duration
- If Applicable: History of Chronic Kidney Disease, High Blood Pressure, Dyslipidemia, Angina, Heart Attack, Stroke/TIA, Peripheral Arterial Disease, Depression, Erectile Dysfunction, Shingles

## Family

If Applicable: History of Diabetes, Chronic Kidney Disease, High Blood Pressure,
 Dyslipidemia, Angina, Heart Attack, Stroke/TIA, Peripheral Arterial Disease

### Economic

o If Applicable: Private/Government/No Drug Coverage Plans

## **Physical & Lab Assessment**

- o Required: Weight, Height, Systolic BP, %HbA1c
- If Applicable: Tobacco Use, Fasting/Random Blood Glucose, Total Cholesterol, HDL, LDL, eGFR,
  AC
- o If Available: Waist Circumference, Diastolic BP, Arm Used, Device used

#### Medication

- Required: Current Medications (Diabetes, Hypertension, Dyslipidemia and Vascular Disease ONLY)
- If Applicable: Medication Adherence, Hypoglycemic Events, Vaccination Record (Influenza, Pneumococcus, Shingles ONLY)

## **Assessment and Plan**

- Required: Patient Goal(s)
  - o Clinical, lifestyle and/or personal goals, as agreed upon by the patient.
- Required: Condition Goal(s) and Action(s)
  - Required: Diabetes
    - Target %HbA1c, Actions (Education, Adherence, Lifestyle, Laboratory Assessment, Medication Change, Referral, Follow Up)
  - o If Applicable: Hypertension
    - Target BP, Actions (Education, Adherence, Lifestyle, Laboratory Assessment, Medication Change, Referral, Follow Up)
  - o If Applicable: Dyslipidemia
    - Target LDL, Actions (Education, Adherence, Lifestyle, Laboratory Assessment, Medication Change, Referral, Follow Up)
  - o If Applicable: Tobacco Use
    - Target Use, Actions (Discuss Options, Quit Date, Nicotine Replacement, Pharmacological Therapy, Referral)
- Required: Visit Duration